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### UM offers lecture, seminar on stepfamilies

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## **NEWS RELEASE**

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"This release is available electronically on INN (News Net)."

April 2, 1998

**Contact:** Lea Upshaw, Center for Continuing Education, (406) 243-2094

### **UM OFFERS LECTURE, SEMINAR ON STEPFAMILIES**

#### **MISSOULA--**

The University of Montana-Missoula will offer two programs next week designed to provide the knowledge and skills family members and human-service professionals need to meet the challenges of stepfamily living.

"The Stepfamily Journey," an evening program on Wednesday, April 8, will explore the stages, bonds, boundaries and stumbling blocks encountered in stepfamilies. The program is scheduled from 7 to 8:30 p.m. in the Gallagher Building, Room 122. Designed for single parents, stepfamilies and others involved in stepfamily issues, it will feature Elizabeth Einstein, one of the country's leading educators in the dynamics of stepfamily relationships. A \$5 fee will be charged at the door.

Einstein also will conduct "Strengthening Stepfamilies," a continuing education workshop for professionals, on Thursday, April 9, from 8:45 a.m. to 4:30 p.m. The workshop will explore the dynamics and challenges of the remarried family, examine ways a remarried family differs from a traditional family in structure and development, identify the counseling approaches that strengthen a couple's bond and clarify boundaries within the family.

- more -



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The workshop will cost \$80 for a single registration and \$65 per person for groups and students. To register or get more information, call (406) 243-2094.

Families First and UM's Center for Continuing Education are sponsoring both programs. Additional sponsors for the evening program are Missoula County Public Schools and Montana Council for Families. Managed care company VRI is an additional sponsor for the workshop.

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